Tokyo Book Launch promo.



Talking Session to Meet Like-minded Individuals Exploring 'Living Together' —Co-creating a Culture of Coexistence and Mutual Support for the Future of Life."

In modern society, the increase in single-person households and the weakening of local communities have led to a decline in human connections, making isolation and division social issues. On the other hand, Japan has long had a culture of "connections," "mutual assistance," and "sharing."

We aim to reweave this culture into a form suitable for today's society, striving to realize a "society of living together" where people, communities, and nature support each other.

So, how can we actually build a life that doesn't presuppose isolation?

This talking session will feature a speaker who can answer this question based on 25 years of practical experience. Let's build this culture together, making 2026 the "first year of living together"!

*** Date and Time: Saturday, October 10, 2026, 13:00-17:00**

(A social gathering is planned after the event from 17:30-19:00)

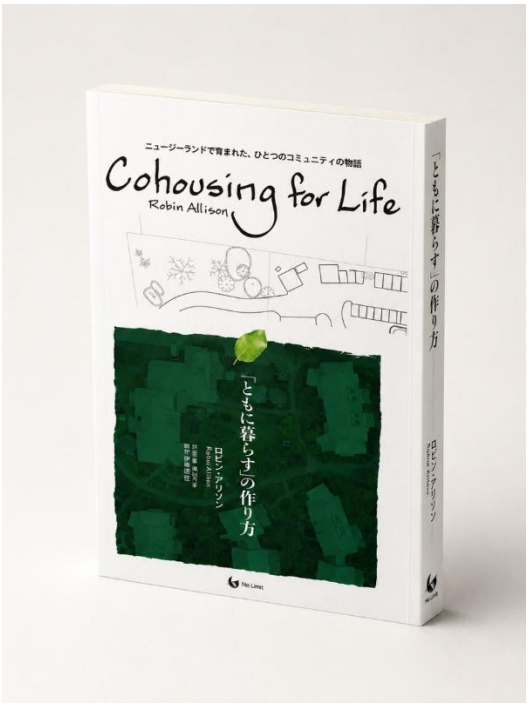
* Venue: Architects' Association Hall, Main Building, 2-3-16 Jingumae, Shibuya-ku, Tokyo 150-0001. Phone: 03-3401-6281. Access: 8-minute walk from Gaienmae Station on the Tokyo Metro Ginza Line

* Participation Fee: 4,000 yen (An additional 2,000 yen for those attending the social gathering)

* Organizer: General Incorporated Association, Living Together Practice Lab, Co-organizer: Collective Housing Co., Ltd.

Lecture and Panel Discussion by Robin Allison, author of "How to Create a Living Together"





Robin Allison (Robin Allison)

We are pleased to welcome Robin Allison, author of "Cohousing For Life," to be published in September 2026, from New Zealand for a keynote speech and dialogue. Robin Allison, founder of Earthsong Eco-Neighbourhood, a co-housing project in Auckland, New Zealand, has been involved in its conception and construction since its inception in 1995, building the community for approximately 25 years and continuing to live in the co-housing, a type of shared housing with common spaces. (The original book, "Cohousing For Life," is recognized as a leading example by the Global Ecovillage Network (GEN), which has over 6,000 sustainable communities worldwide, and is established as a foundational text for the international co-housing/ecovillage movement.)

She will share the essential insights she has gained from 25 years of experience on what is truly important for "living together with people." This will be a time to share in the "story of creation and practice" of an ordinary woman with children, who, together with her peers, nurtured a community, overcame numerous difficulties, and created the ideal way of living they envisioned.

Earthsong's grand project was born from the heartfelt desire of just one person.

"I want my presence there to be a healthy and beneficial relationship for the planet. A place where I can live with others without my alone time or individuality being threatened, yet where I can easily reach out for opportunities to interact and connect with people. I want to live side by side with people of various generations and cultures. I want that community to be a comfortable place for adults, the elderly, children, and even the often-overlooked teenagers, for years to come."

—From Chapter 3, Personal Diary, of Robin Allison's book, "How to Live Together"

("How to Live Together: A Story of a Community Nurtured in New Zealand")

*Available for purchase at the venue on the day of the event.

The decline in human connection and isolation in modern society may be a result of each individual continuing to avoid awkwardness, misunderstandings, and the hassle of discussion. What we need now is "connecting with people," and the "courage and wisdom to accept the uncertainty" that human relationships bring. The anxieties and unease we face can be seen as seeds of hope.

Of course, a lifestyle of "living with others" doesn't solve all problems. Nevertheless, we believe that confronting the difficulties of human relationships and reclaiming the security, joy, and richness that can only be obtained through human connection, through the practice of "living with others," is a superior choice than living in isolation.

A dialogue session among participants on the theme of "Living Together"

Furthermore, following Robin Allison's talk, we will hold a dialogue session among participants on the theme of "Living Together." We hope that the dialogue here will serve as an opportunity for each participant to re-examine what it means to live with others. We hope that this time will allow you to find your own hints for "living together" in your current life and expand your imagination about the richness and fulfillment that can be brought to your life when you incorporate them.

We have decided to designate 2026 as the "Year One of Living Together."

This talk session is the first connection to herald the beginning of that year.

We hope that this event will mark the start of the best possible connections and collaborations, as we meet, join hands, and build a society where we can all live together.

[Networking Event (with light refreshments and drinks)]

Following the event, a networking event with light refreshments and drinks will be held in the same building from 17:30 to 19:00.

We hope this will be an opportunity to engage in dialogue with Robin, gain new perspectives, deepen friendships with those you meet, and create opportunities to incorporate "living together" into your own lives.

We, the members of the Living Together Practice Lab, are also sincerely looking forward to meeting and talking with you all.

About the Living Together Practice Lab

Our goal is to realize a society where people and people, and people and nature, "live together." Based on our activities in three areas—community, communication, and commons—we cultivate a foundation for people to connect peacefully and support each other. To this end, we will hold reading groups and dinner parties to deepen our understanding and experience of "living together," and connect practitioners and organizations engaged in "living together activities" throughout Japan, learning from each other and putting it into practice to explore wisdom and experiences of "living together." As "connectors" and "catalysts," we will become an organization that organically connects people to people, people to communities, and people to nature, co-creating new value.

General Incorporated Association Tomoiki Practice Lab Website: https://www.tomoiki-lab.org (Coming Soon)



(From top left: Eisaku Tsumura, Hidenori Teisaka, Kazuki Sadakata, Yuko Ueda, Ritsuko Inoue, Mitsuyo Takahashi).